

FAZLE KHALIQ

PhD Applied Psychology* MS Clinical Psychology, BS Psychology

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Summary

Dedicated Lecturer and Clinical Psychologist with over four years of academic and clinical experience. I hold a BS in Psychology, an Advanced Diploma in Counseling Psychology (ADCP), and an MS in Clinical Psychology, and I am currently pursuing a PhD in Applied Psychology. I have taught undergraduate psychology courses at multiple higher education institutions and provided clinical services in rehabilitation centers and special education settings. My expertise spans psychodiagnostics, psychotherapeutics, academic instruction, and mental health research. Passionate about integrating clinical practice with teaching, I am committed to contributing to psychological education, research, and community mental health. With 4+ years in teaching and practicing Psychology, I've worked with leading institutions, excelling in planning and managing academic and administrative tasks. I seek to join a respected organization to apply my skills effectively, confident I can add value to your team.

Personal Information

Father Name: Lal Badshah

Marital Status: Single

Date of Birth: 18/12/1997

Present Address: Mingora Swat KPK, Pakistan

Mailing Address: TNT Express Office, Makanbagh Minogra Swat

Education & Training

PhD in Applied Psychology (*In Progress*) *Islamia University of Bahawalpur*

Session: 2024 – 2027 | **CGPA:** 3.82 / 4.00 **Specialization:** Applied Psychology

Certificate in Pedagogical Training (7th) 2025 *Islamia University of Bahawalpur*

- By The department of Education for University Teachers Training 2025

MS in Clinical Psychology *University of Sahiwal*

Session: 2022 – 2024 | **CGPA:** 3.84 / 4.00 **Specialization:** Clinical Psychology

Advanced Diploma in Counseling Psychology (ADCP) *Riphah International University*

Session: 2021 – 2022 | **CGPA:** 4.00 / 4.00 **Specialization:** Counseling Psychology

BS in Psychology *University of Swat*

Session: 2017 – 2021 | **CGPA:** 3.68 / 4.00 **Specialization:** Psychology

Work Experience

1. Lecturer and Head of Department, Department of Psychology *University of Veterinary and Animal Sciences UVAS Swat (1st July 2025 – Present)*

Key Responsibilities

- Overseeing department management, and procedural activities
- Supervising and conducting activities related to teaching learning.

2. Clinical Coordinator *Swat Psychiatry and Rehab Hospital, Saidu Sharif, Swat (May 2025 – Present)*

Key Responsibilities

- Overseeing day-to-day clinical operations, case management, and therapy schedules
- Supervising psychologists and interns in assessment, diagnosis, and intervention plans
- Conducting individual and group therapy sessions for psychiatric and rehabilitation patients
- Coordinating with medical and administrative staff for interdisciplinary treatment planning
- Record Keeping of ongoing activities

3. Lecturer Psychology (Visiting) *Islamia University of Bahawalpur (Spring 2025)*

Courses Taught

Institute	Department / College	Course	Semester
The Islamia University of Bahawalpur	Department of Applied Psychology	Abnormal Psychology	BS 5th
The Islamia University of Bahawalpur	Department of Applied Psychology	Environmental Psychology	BS 6th
The Islamia University of Bahawalpur	University College of Nursing	Developmental Psychology	BSN 4th
The Islamia University of Bahawalpur	Department of Public Health	Principles of Psychology	BS 2 nd

Key Responsibilities

- Delivered lectures to undergraduate psychology students with a focus on applied clinical theories
- Designed and evaluated course assessments, assignments, and exams
- Provided academic guidance and supervised student projects and presentations

4. Lecturer Psychology (Visiting) *University of Swat (Spring 2022 – Spring 2024)*

Courses Taught

Institute	Department / College	Course	Semester
University of Swat	Institute of Cultural Heritage, Tourism & Hospitality Management	Introduction to Psychology	BS 2nd
University of Swat	Department of English and Foreign Languages	Introduction to Psychology	BS 2nd
University of Swat	Centre for Management & Commerce	Human Psychology	BS 2nd
University of Swat	Department of Psychological Studies	Clinical Psychology	BS 8th
University of Swat	Department of Psychological Studies	Social Psychology	BS 6th
University of Swat	Department of Psychological Studies	Disaster Management	BS 4th
University of Swat	Department of Psychological Studies	Lab Experiment	BS 4th
University of Swat	Department of Psychological Studies	Psychological Assessment Practicum	BS 5th
University of Swat	Department of Psychological Studies	Personality Theories	BS 7th
University of Swat	Department of Psychological Studies	Schools and Perspectives	BS 6th
University of Swat	Centre for Management & Commerce	Introduction to Psychology	BS 2nd

Key Responsibilities

- Taught core courses in clinical and general psychology to BS students
- Developed lesson plans and interactive teaching materials
- Facilitated student engagement through academic counseling and class activities

5. Lecturer Psychology (Visiting) – Nursing Colleges (Fall 2023 – Spring 2024)

Courses Taught

Institute	Department / College	Course	Semester
Eagle College of Nursing, Shahgai Swat	–	1. Developmental Psychology 2. Behavioral Psychology	BSN 4 th BSN 6 th
Government College of Nursing, Saidu Sharif Swat	–	1. Developmental Psychology 2. Behavioral Psychology	BSN 4 th BSN 6 th
Pak Swiss Nursing College, Takhta Band Swat	–	1. Developmental Psychology 2. Behavioral Psychology	BSN 4 th BSN 6 th
Swat College of Nursing, Qambar Mingora Swat	–	1. Developmental Psychology 2. Behavioral Psychology	BSN 4 th BSN 6 th

Key Responsibilities

- Delivered psychology coursework tailored for nursing students at four institutions:
- Focused on Developmental, Behavioral and health psychology, communication, emotional regulation, and patient care skills
- Supported clinical application of psychological principles in nursing education

6. Trainee Clinical Psychologist

Special Education Department Punjab Center, Sahiwal (Oct 2022 – Aug 2023)

Key Responsibilities

- Conducted psychological assessments for children with special needs (e.g., autism, intellectual disability)
- Developed individualized intervention plans in collaboration with special educators
- Provided behavioral therapy, counseling, and parental support sessions

7. Lecturer Psychology & Admission Executive

Center for Life Skills and Psychological Services (CLSPS), Swat (Mar 2020 – 2022)

Key Responsibilities

- Taught foundational psychology courses and supervised students in practical work
- Managed admission processes, academic record-keeping, and student guidance
- Organized mental health awareness sessions and community-based workshops

8. Addiction Therapist & Internship Supervisor *Ehsaas Rehabilitation Center, Mingora Swat (Jun 2021 – Oct 2022)*

Key Responsibilities

- Delivered CBT and motivational interviewing to individuals with substance use disorders
- Supervised psychology interns in case documentation, session planning, and therapeutic techniques
- Conducted psychoeducation sessions for patients and families

9. Evaluation Officer *Youth Development Institute (YDI), Mingora Swat (Dec 2018 – Mar 2020)*

Key Responsibilities

- Conducted baseline and post-program evaluations for youth development projects
- Designed survey tools, collected field data, and prepared analytical reports
- Facilitated monitoring and assessment to enhance project outcomes

Professional Skills and Expertise

- **Psychotherapeutic Skills** – Trained in delivering evidence-based interventions including CBT, ACT, and mindfulness-based therapies for diverse populations.
- **Psychodiagnostic Skills** – Proficient in psychological assessment, test administration, interpretation, and diagnosis using standardized tools.
- **Clinical Supervision** – Experienced in supervising psychology interns and trainees in therapeutic and diagnostic practices.
- **Academic Teaching** – Skilled in delivering undergraduate lectures, designing course content, and evaluating student performance.
- **Research & Thesis Supervision** – Capable of guiding undergraduate and graduate students through research projects and qualitative/quantitative methodologies.
- **Case Management** – Experienced in developing individualized treatment plans and monitoring client progress in clinical settings.
- **Workshop Facilitation** – Conducted training sessions and mental health awareness programs for students, staff, and the public.
- **Communication & Counseling** – Strong interpersonal skills in client-centered counseling, crisis management, and psychoeducation.
- **Multidisciplinary Collaboration** – Able to work collaboratively with educators, physicians, and allied health professionals in academic and clinical environments.
- **Digital & Academic Tools** – Proficient in SPSS, AMOS, reference management tools (e.g., EndNote, Mendeley), and virtual learning platforms.

Workshops / Trainings / Certifications

- **Integrative Complexity (IC) Thinking** – Social Welfare Academics & Training for Pakistan (SWAaT)
- **Motivation, Leadership & the Role of Law** – University of Swat
- **Statistical Package for the Social Sciences (SPSS-26)** – Virtual University of Pakistan
- **Reference Management Tools & AMOS** – University of Sahiwal
- **Understanding Dark Psychology** – Department of Applied Psychology, Islamia University of Bahawalpur (IUB)
- **Career Counseling Skills** – Department of Applied Psychology, Islamia University of Bahawalpur (IUB)

Honors & Awards

- **2nd Position** – BS Psychology (Session 2017–2021), Department of Psychological Studies, University of Swat
- **3rd Position** – Intermediate (Computer Science Group), BISE Malakand (Session 2013–2015)

Languages

- **English** – Fluent
- **Urdu** – Fluent
- **Pashto** – Native

Research Work

2024

- Exploring the Role of Extroversion and Openness in Shaping the Link between Intellectual Humility and Religious Orientation: A study among Teachers in Pakistan. (<https://policyjournalofms.com/index.php/6/article/view/102>)
- Exploring The Coping Strategies and Multifaceted Issues In Parents Raising A Child With Autism Spectrum Disorder: An Interpretative Phenomenological Analysis (MS Thesis)

2023

- A qualitative study on the factors of Depression in University Students, 2023 (*Unpublished*) MS

References

Available upon request.